

John H. Fuller Elementary



Falcon Newsletter

December 17, 2020

DATES TO REMEMBER

December 18

Remote Instruction Day

Dec. 24—Jan. 1

Holiday Recess
No School

Please remember to send your child with clothing for outside. Jackets, snowpants, hats, mittens and boots.



**Also, those wonderful face masks keep us warm but also get wet in the snow. If possible, please send an extra one with your child.
Thank you.



Dear JFS families,

Without a pandemic, this is traditionally a very stressful time of year. Add a pandemic to the mix of the world and we have some children and adults that are beyond overwhelmed. Here at JFS, student, staff and family wellness is always above all else. We know that our students may not be where other students of their grade level were last year at this time, and you know what, that is okay.

That does not mean that we have less academic rigor, that does not mean that our expectations have lessened, and it doesn't mean that we value academics any less. It means that we recognize that our priorities have to adjust, shift, pivot and be more flexible than we have ever been.

Today was our first snowy day of the season. Many people wished for a traditional snow day, others wished for a remote day, but regardless we were at school. And you know what...we had FUN!! The squeals of sheer excitement as teachers lead students on nature walks through Whitaker Woods, as students made snow slides, or collapsed in place to make snow angels. Kids were being kids and we all reveled in the delights of the season.

My wish for you and your family this holiday season is that you are able to take a break from the stress and pressure that surrounds all of us, and delight in the joys of the season. From my home to yours, from this school to your home, I wish you happy holidays filled with the joyful squeals of your children.

Kindly,
Mrs. Danielle Nutting



Attention 4th & 5th Grade Families
You're eligible to get a **FREE** Christmas Tree and **FREE** access to national parks, lands, and waters through August 31, 2021!

The USDA Forest Service announced it will expand its Every Kid Outdoors program to offer fourth- and fifth-grade students and family members fee-free access to more than 2,000 sites in national forests and grasslands for the remainder of the 2020-2021 school year. A new voucher is available for download now through August 31, 2021.

Instructions on how to obtain a pass or voucher and collect a free tree permit:

In order for students to receive a free tree permit, they must present a valid paper voucher printed from the Every Kid Outdoors website: <https://everykidoutdoors.gov>.

1. Visit the website and follow the instructions on the website to obtain the paper voucher.
2. Print out the paper voucher.
3. Bring the paper voucher with you to a permit sale location (district office or the supervisor's office) in The White Mountain National Forest to claim the free tree permit. (The Saco Ranger Station on the Kancamagus Highway is one location.)

The 4th or 5th grader and family must present the voucher in person at an office location. Only one free tree permit is allowed per 4th or 5th grader.

2021 SAVE THE DATES!

Tuesday, April 6, 2021

JFS 6th Grade Play Fundraiser

COME GRAB A PIZZA OR ORDER OUT!

A PORTION FROM EVERY PIZZA PURCHASED IS DONATED TO OUR PLAY



May 10-15, 2021

JFS 6th Grade Play Week

PERFORMANCE DETAILS TO COME IN 2021!



Laughing, Learning & Performing on Stage

May 24-28, 2021

SeaPerch Build

PROJECT DETAILS TO COME IN 2021!



5

Things to know about Your Child's Return to School and COVID-19 Testing Requirements

1 If your child exhibited any new or unexplained COVID-19 symptom(s), even mild, and has since received a **negative COVID 19** test result, your child may return to school once he/she is:

- Fever-free, without fever-reducing medication, for at least 24 hours, **AND**
- All other symptoms are improving, **AND**
- You have provided the school with written documentation of the negative PCR or Antigen test result (for symptomatic individuals only and in accordance with NH DPHS guidance)

2 If your child has **tested positive for COVID-19** please notify the school and your medical provider immediately. Additionally, notify close contacts and household members to self-quarantine. Your child may return to school after completing:

- 10 days Self Isolation beginning the day after symptom onset or testing **AND**
- Fever-free, without fever-reducing medication, for at least 24 hours, **AND**
- All other symptoms have improved

3 If your child has been identified as a **close contact** and advised to self quarantine, please notify the school and your medical provider immediately. Your child may return to school after completing:

- 10 days Self Quarantine beginning day after last known exposure and have remained symptom free. This period may be up to 20 days for household members.
- It is recommended that your child obtain a COVID-19 PCR test (an antigen test is not acceptable) at the beginning of self quarantine and again between days 5-7 after exposure. A negative test does not release an individual from the full 10 day quarantine.
- Any person who ends quarantine after 10 days must still monitor themselves daily for symptoms of COVID-19 and strictly adhere to all prevention measures (wearing a mask, social distancing, handwashing) for a full 14 days after last potential exposure or high-risk travel.
- Any person who develops symptoms should immediately isolate, contact their health care provider and seek COVID-19 testing.

4 If your child **travels** outside of the 6 New England States (NH, VT, MA, CT, RI, ME) he/she must complete a 10 day quarantine. If you choose to shorten the required 10 day Self Quarantine period the following requirements must be met:

- He/she must receive a COVID-19 PCR test (an antigen test is not acceptable) on day 6-7, **AND**
- He/she remains asymptomatic throughout the quarantine period, **AND**
- You provide the school with your child's negative COVID-19 PCR results prior to your child returning to school.

5 If you are **new to SAU 9** your child may begin face to face instruction in the school setting following:

- A 10 day self quarantine period beginning your residence in NH **AND**
- All enrollment paperwork is completed

COVID-19 TESTING FAQ SHEET

Carroll County



	Memorial Hospital	Saco River Medical Group	White Mountain Community Health	Cranmore Health Partners Urgent Care	Huggins Hospital	CVS
Location and Contact	3073 White Mtn Highway North Conway, NH 603-356-5461	7 Greenwood Avenue Conway, NH 603-447-3500	298 White Mtn Highway Conway, NH 603-447-8900	1857 White Mtn Highway North Conway, NH 603-730-5356	240 South Main Street Wolfeboro, NH 603-569-7500	1351 White Mountain Highway North Conway, NH 603-356-6916
Hours of Operation	Primary Care: Monday-Friday 8:00am-6:00pm Sat.& Sun 12:00 p.m.-1:00 p.m Emergency Room: Open 24/7 Testing Center 8:00 a.m.-6 p.m. 7d/week	Primary Care: Monday-Friday 8:00am-4:30pm Walk-In: Monday-Friday 8:00am-6:00pm Saturday 8:00-4:00 Sunday 9:00-1:00 (Sunday test results come back on Tuesday)	Monday-Friday 8:30am-4:00pm Saturday & Sunday- Closed	Monday-Friday 9:00am-5:00pm Saturday & Sunday- Closed	Open 24/7 See information on testing hours.	Sun-Sat 8:00 a.m. -10:00 p.m. Testing available 10 a.m.-7 p.m. by appointment
Testing Process	Established Symptomatic Patients: Call PCP/Pediatrician for plan of care. Same day appointments are available 603-356-5472 NON-Established Call to schedule testing for BOTH symptomatic and asymptomatic Patients 603-356-0673	Established Symptomatic and Asymptomatic Patients: Call PCP/pediatrician. Test scheduled or directed to Walk-In afternoon test scheduled between 2:00pm and 4:00pm. Non-Established Patients: Symptomatic patients will be screened by phone.	Established Symptomatic and Asymptomatic Patients: Call PCP for Telehealth assessment. Testing scheduled between 2:00pm and 3:00pm. Non-Established Symptomatic Patients: Call for telehealth appointment prior to being scheduled Asymptomatic Patients: Call 603-356-0673 to schedule testing through Memorial Hospital	All patients seeking testing. Go to clinic and follow parking lot instructions. Testing available from 8:00 a.m. -4:00 p.m.	All Symptomatic and Asymptomatic Patients: Call COVID-19 hotline at 603-569-7558 for assessment. Testing scheduled Monday-Friday between 1:00 pm and 4:00pm Symptomatic patients may be tested through the ER on the weekends.	Complete online request for testing and eligibility https://www.cvs.com/mi/nuteclinic/covid-19-testing Must be ages 10 and up Minors under 16 must be accompanied by an adult Test is self administered at drive thru with guidance from staff
*Always start by calling your Primary Care Provider or child's Pediatrician						
Getting Results to School	Accessing Results: MyCharts patient portal up to age 12 or phone call within 72 hours. School Notification: Faxed with completed Release of Authorization. This is filled out at time of testing.	Accessing Results: Patient portal up to age 12 or phone call within 24 hours. School Notification: Faxed with verbal guardian consent or downloaded through portal and emailed by guardian.	Accessing Results: Phone call within 24 hours. School Notification: Faxed with verbal guardian consent. Contact clinic Monday morning if tested at Memorial Hospital over the weekend.	Accessing Results: Patient portal up to age 12, or hard copy at clinic, or phone call within 24-36 hours. School Notification: Guardian responsible for getting hard copy of results to school nurse.	Accessing Results: Phone call within 72 hours only if positive test. Negative test results can be obtained on patient portal School Notification: Faxed if Release of information completed Hard copy can be mailed. Digital copy can be emailed.	Accessing Results: Average turnaround is 3-4 days when results are ready a link to view them in MYCHART will be emailed to you. School Notification: Guardian responsible for providing hard copy of result to school
Payment	Insurance accepted. Co-pay may be waived. Uninsured NH residents may be eligible for coverage through the NH Department of Health and Human Services by going to NHEasy Testing or calling 1-800-852-3345					

****Information subject to change check with facilities directly**

Mrs. Memoli's Counseling Corner

December 18, 2020



Classroom Guidance Updates

Classroom guidance activities continue at JFS based on the state and national school counseling standards.

Late fall lessons:

K/1 - technology safety, gratitude & tattling vs. reporting

2/3 - technology, safety & tattling vs. reporting

4/5 - technology safety, gratitude, growth-mindset

6 - technology safety, gratitude, growth-mindset

~Please ask your child(ren) what they have been learning in guidance.



Happy Holidays

Dear JFS Community,

I would like to take a moment to thank all of our families for their support of the school counseling program at JFS. May you and your family have a merry holiday season!

Truly,
Mrs. Memoli

A photograph of a snowy forest path with trees covered in snow.

Kindness
is like snow-
It beautifies
everything
it covers!"

-KAHLIL GIBRAN





We are now virtual!

- 1. Sign up by emailing tnarducci@conwaypubliclibrary.org**
- 2. Tessa will email a monthly Lego challenge to complete and share on Zoom with a group.**
- 3. Recommended for ages 5 and up.**
- 4. Siblings and caregivers are welcome.**

Date:
First
Wednesday
of Every
Month

Time:
4-4:30 PM

Place:
Zoom



**CONWAY
PUBLIC LIBRARY
CONWAY, NEW HAMPSHIRE**

