



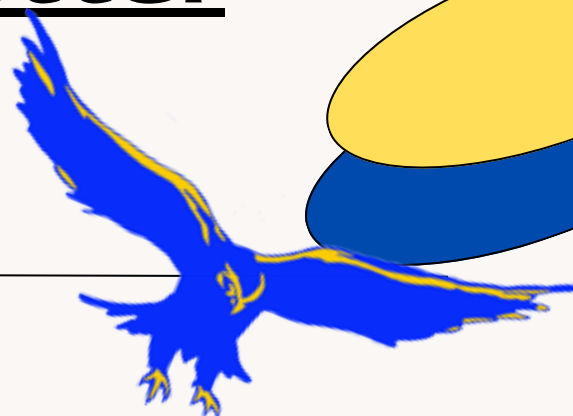
John Fuller

JohnFullerschool.org ✨

Falcon Newsletter

January 12, 2024

A Note From Your Principal



Hello JFS families,

We had our first week of ESSC ski program for 1st-6th students and our first week of gymnastics at Saco Valley Gymnastics Training Center for our kindergarteners. All in all it was a great start! The staff and I are always looking for ways to improve our systems and care for our students. If you have specific feedback or questions about ESSC, please let me know.

Some things that would be helpful to our school staff in order to assist us with the smooth operations on busy ski days:

Please help your child get to school on time (everyday), but on Mondays during ski season in particular. Late arrivals place an additional burden on the office staff and all of the student learning happens between 9 and 11am on Mondays, we do not want them to miss out!.

Please use the digital or paper checklist to help your child(ren) double check that they have all of the equipment and clothing they need for safe/fun skiing and boarding. Please put your child's name on ALL pieces of their equipment and clothing.

Please send your child with a snack in their coat or snow pants pocket for a snack at the mountain. (If your child does not have a snack when they get to school, we will have a few extras on hand).

Please send your child with a disposable or reusable water bottle.

If you need to make changes to your child's dismissal plan please email or call the school BEFORE 9am on Mondays unless it is an emergency.

We do not have any school staff on duty at the mountain past 3:30pm, please plan to pick your child up at the Arlberg Lodge Children's Center between 3:00 and 3:15 if they are not riding the bus home or to after school program.

Thank you to all of our staff and volunteers that make these amazing opportunities possible for our students! Please reach out if you have any questions.

Have a great weekend,
Danielle Nutting

Dates to Remember

January 15: NO SCHOOL. Martin Luther King Jr Day

January 22 and 29: ESSC Ski day (gr 1-6) 12:00pm
Gymnastics (K) 10:30am

January 31: Early Release at 12:30pm



Office News

For all attendance related communications, please find us at our NEW email:

JFSattendance@sau9.org

If your student will be changing their dismissal plan due to Community Center activities, Project Succeed, etc, please inform the office.



Lost and Found

The lost and found is located in the front entry and can be accessed during the day. We do return all items of clothing that are labeled to your student's classroom.

Front entry is unlocked Mon-Fri from 8-4, come stop in and take a look through lost and Found



51 PINE ST
NORTH CONWAY,
NH

**John Fuller
Elementary**

#HOWWEJFS

www.johnfullerschool.org

Mrs. Memoli's Counseling Corner

January 12, 2024



C.L.O.V.E.R.S.



Students in grades 1-6 participated in classroom guidance lessons centered around ski and boarding safety.

C.L.O.V.E.R.S.:

C- Control - ski / board in control

L - Lifts - stay safe on the lifts

O- Overtaking - be careful passing

V - Visible - be aware of surroundings

E - Entering - look both ways when entering a trail

R- Respect - show respect at the mountain (Whitaker Woods for nordic)

S - Signs - follow all signs

JFS is fortunate to partner with ESSC provide this amazing opportunity for our students!



CLASSROOM GUIDANCE UPDATES

Classroom guidance lessons are occurring at each grade level based on state / national standards and district competencies. Current topics include:

Grades K/1: Community Service, Honesty, Ski Expectations (for grade 1)

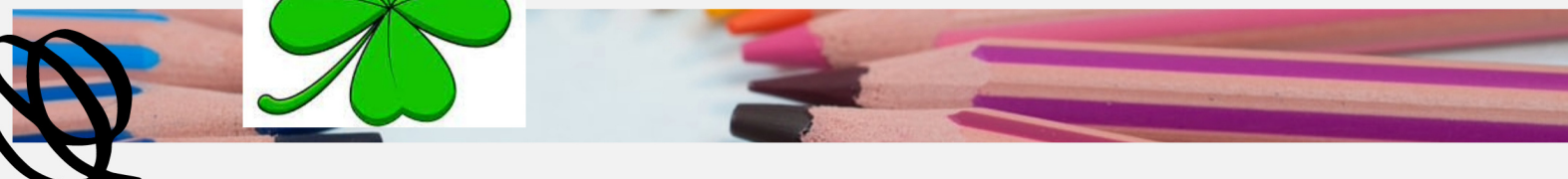
Grade 2/3: Social Skills, Social Filter, and Ski Expectations

Grade 4: Second Steps - Empathy, Ski / Boarding Expectations

Grades 5: Social Filter, Ski / Boarding Expectations

Grade 6: Conflict Resolution, Ski / Boarding Expectations

Be sure to ask your child(ren) what they have learned or practiced in guidance!



Ski Days are here!

To ensure that dismissal runs smoothly please label your students item and let the office know asap if they are in need of any items on the list.



*ESSC Checklist
for Families*

● IT'S MONDAY! YOUR STUDENT WILL BE SPENDING THE DAY SKIING TODAY AFTER LUNCH. PLEASE HELP US AND BE SURE THEY HAVE EVERYTHING THEY NEED! PLEASE CHECK YOUR CHILD(REN)'S BAG PRIOR TO LEAVING THE HOUSE.

Skis/Poles are in the trailer by 9:00am

X Country Skis on the fence (they will get their skis on the first day)

Ski Helmet (for Alpine and Snowboarding Only)

Ski Boots

Socks

Jacket

Snow Pants

Gloves/Mittens

Goggles (optional)



Snack / water (no glass)

IF YOU HAVE ANY QUESTIONS OR
NEED HELP WITH GEAR, PLEASE
REACH OUT TO YOUR CHILD(REN)'S
CLASSROOM TEACHER!

The graphic features a teal background with white snowflakes and circles. At the bottom, there is a white silhouette of a snowy landscape with evergreen trees and a group of people standing together. A light blue brushstroke highlights the text at the bottom.

January 2024

Tuesday

Monday		Wednesday		Thursday		Friday			
1		Choice A Cheeseburger on Bun Choice B All American Sub Choice C ✓Sunbutter and Jelly Sandwich Tater Tots Sweet Corn The Sauce Bar	Choice A ✓Gooney Grilled Cheese & Tomato Soup Choice B Chicken Caesar Wrap Choice C ✓Sunbutter and Jelly Sandwich Cucumber Crunchers	4	Choice A Beef & Cheese Nachos Choice B ✓Fruit & Yogurt Parfait Choice C ✓Sunbutter and Jelly Sandwich Corn & Black Bean Salad Garden Salad Salsa & Sour Cream	5	Choice A ✓Cheese Pizza Choice B Pepperoni Pizza Choice C ✓Sunbutter and Jelly Sandwich Caesar Salad		
8	Choice A Hot Dog on Bun Choice B ✓Blueberry Parfait Choice C ✓Sunbutter and Jelly Sandwich New England Baked Beans Broccoli	9	Choice A Chicken Nuggets & Dinner Roll Choice B Grilled Chicken Garden Salad w. Roll & Croutons Choice C ✓Sunbutter and Jelly Sandwich Sweet Corn The Sauce Bar	10	Choice A Baked Ziti Choice B Turkey & Cheese Wrap Choice C ✓Sunbutter and Jelly Sandwich Pette Garden Salad Cinnamon Apple Slices	11	Choice A Classic Shepherd's Pie w. A Biscuit Choice B Ham & Cheese Sub Choice C ✓Sunbutter and Jelly Sandwich Cucumber & Tomato Salad Sweet Corn	12	Choice A ✓Cheese Pizza Choice B Pepperoni Pizza Choice C ✓Sunbutter and Jelly Sandwich Baby Carrots Sweet Bell Pepper Strips
15	 No School!!	16	Choice A French Toast Sticks Choice B Grilled Chicken Garden Salad w. Roll & Croutons Choice C ✓Sunbutter and Jelly Sandwich Home Fried Potatoes Strawberries & Cream Breakfast Sausage	17	Choice A Roasted Chicken Burrito Bowl Choice B All American Sub Choice C ✓Sunbutter and Jelly Sandwich Seasoned Rice Southwest Kidney Beans Sweet Corn	18	Choice A ✓Crispy Fish Sticks w. Dinner Roll Choice B Chicken Caesar Wrap Choice C ✓Sunbutter and Jelly Sandwich Roasted Broccoli w. Garlic Sweet Tater Tots	19	Choice A ✓Cheese Pizza Choice B Pepperoni Pizza Choice C ✓Sunbutter and Jelly Sandwich Caesar Salad
22	Choice A Chicken Patty Sandwich Choice B Ham & Cheese Wrap Choice C ✓Sunbutter and Jelly Sandwich Sweet Tater Tots Cucumber Crunchers	23	Choice A ✓Homemade Mac & Cheese Choice B Turkey & Cheese Wrap Choice C ✓Sunbutter and Jelly Sandwich Caesar Salad	24	Choice A Chicken Quesadilla Choice B Bacon & Cheese Garden Salad w. Roll & Croutons Choice C ✓Sunbutter and Jelly Sandwich Seasoned Rice Roasted Sweet Corn Southwest Kidney Beans Salsa & Sour Cream WG Sugar Cookie	25	Choice A Hamburger on Bun Choice B ✓Just Peachy Parfait Choice C ✓Sunbutter and Jelly Sandwich Baby Carrots Sweet Bell Pepper Strips Cucumber Crunchers	26	Choice A ✓Cheese Pizza Choice B Pepperoni Pizza Choice C ✓Sunbutter and Jelly Sandwich Baby Carrots Celery Sticks
29	Choice A Turkey & Bacon Melt Choice B Chicken Caesar Salad w. Roll & Croutons Choice C ✓Sunbutter and Jelly Sandwich Baby Carrots Blueberries	30	Choice A Popcorn Chicken Mashed Potato Bowl & Biscuit Choice B Three Cheese Garden Salad w. Roll & Croutons Choice C ✓Sunbutter and Jelly Sandwich Sweet Corn The Sauce Bar	31	Choice A Chicken Alfredo Pasta Choice B ✓Blueberry Parfait Choice C ✓Sunbutter and Jelly Sandwich Cucumber Crunchers Broccoli	This Institution is an Equal Opportunity Provider.			

All meals
are served
with a
variety of
fruit,
vegetable
and milk.



Dear John Fuller Families,

We have a lot of exciting news to share with you folks about some upcoming opportunities for your child! We are currently scheduling and planning for cross country skiing with Jackson Ski Touring on Wednesdays, starting the week of the 22nd. We will also be supporting the MWV STEM Expo, which will be held on March 20th at Living Shores Aquarium. Please reach out to me if your child is interested in participating as we can provide mentorship and after school time to support them!

Couple of quick reminders; please remember to send your child with sneakers.

We provide gym time every morning and there are several enrichments that require your child to use the gym. Also, it is imperative that any time you need to change plans on a given day, to let myself, or the JFES office know ASAP. I communicate with the office to make sure your child is safe and accounted for upon dismissal, and confusion at the end of the day is hectic, especially for your child. As always, thank you for your support, please reach out if you need anything. Have a restful long weekend

A handwritten signature in black ink, appearing to read "Tim Neugebauer".

Tim Neugebauer
Program Director
Project SUCCEED
603-901-2029
t_neugebauer@sau9.org

wmsi MAKER CAMP

FEB. 19TH-23RD
9AM - 2PM DAILY
GRADES 3-6

FEBRUARY BREAK

Explore topics such as
robotics, animation,
coding & more!



AT PINE TREE ELEMENTARY SCHOOL
183 MILL ST, CTR. CONWAY, NH 03813

WWW.WHITEMOUNTAINSCIENCE.ORG/CONWAY-MAKER-CAMP



Register now

SPRING TRAVEL SOCCER



WHAT Travel teams in multiple age groups for play in NH Soccer League and Tournaments

WHO Ages U7-U19

WHERE Teams based out of Conway and Franconia. 7 league games split home and away.

WHEN Practices begin in March.

Game play late April - June

Early season pricing through Jan 15

Final registration deadline

Feb 11



MWVSOCCKER.COM



Register now

WINTER INDOOR SOCCER



Join us for a six week program focused on skill development and fun gameplay.

WHEN: Friday and Sunday evenings, Jan 5 - Feb 11, 2024. Register for either day or both!

WHERE: Conway Community Center

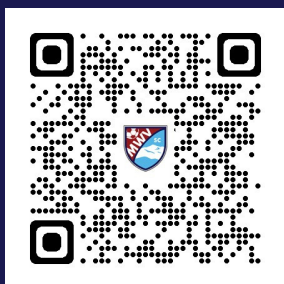
THREE AGE GROUPS: U10, U11-U12, U13-U19.

Six Week Program Cost:

\$60 for Fri or Sun

\$90 for both days

Details and registration online



MWVSOCCEER.COM